

## 2<sup>nd</sup> Rank Requirements

### **Religion:**

1. Know how to conduct yourself at church, know prayers Царю Небесный (Tsaru Nebesni) and Коль Славен (Kol Slaven).

### **Scouting:**

2. The meaning of Russian Scouts, who is the holy patron of the scouts, founder and the year it was founded.
3. Colours of the Russian Flag and their meaning.
4. Know Russian Emblem 'Двухглавый Орёл' (2 Headed Eagle).
5. Know the Scout Anthem.
6. Scout Badge – White Lily.
7. Guide Badge – Snow Drop Flower.
8. Scout Oath.
9. Meaning of Scouts' Tie (3 and 4 corners).
10. Meaning of scout handshake.
11. 12 Scout laws.
12. Cardinal Rules.
13. Scout Customs and Traditions.
14. Scout Ladder.
15. Scout Organisation Structure (names of patrols and their colours).
16. Scout Communication standards (chain of command, have their phone numbers and addresses).
17. Know how to conduct oneself at parade.
18. Actively sing at campfire.
19. History of St George and St Olga.
20. History of Andreevsky Flag
21. Participation in at least 1 hike.
22. Know how to conduct yourself in public (being part of NORS).

### **Physical:**

23. Basic First Aid (cuts, wounds etc...).
24. Being able to sew on a button and/or a patch.
25. How to pack a backpack.
26. Know 10 games (5 indoor and 5 outdoor)
27. Know 10 exercises.

### **Survival:**

28. 15 Applications for поcox (a patrol pole).
29. 15 Bush Signs
30. 10 knots and lashings
31. Know 4 camp fire types
32. Bush Cooking
33. Know how to erect and pack a tent
34. Orienteering (Compass and Map)
35. Measurements (width of river, height of a tree)
36. Know patrol emblems and colours.