

## THE HANDSHAKE - Greeting

Scouts, Guides, Cubs and Chicks greet a fellow scout and shake with their left hand.

### WHY?

It comes from ancient times. Warriors once fought with spears and carried shields in their left hand. The shield protected their body against the enemy spears. If a warrior met a friend, he would not need his shield for protection, and would have his left hand free to shake hands. So if a person held out their left hand, it showed that they trusted you and wanted to be friendly.

The left arm is closer to the heart than the right arm. By using your left hand, you show the other person that they are closest to your heart, like all scouts are.